

High Holy Days 5784



Shanah Tovah

Friends,

As the High Holy Days approach, I am happy to welcome Lena Goldstein to the *bima* as our cantorial soloist, along with members of the Annapolis Chorale.

In this packet you will find information about High Holy Days tickets, a wide variety of worship opportunities, programming for school-age children, child care, the *yizkor* book, prayer books, accessibility, and more. If you have questions not answered here, please call the temple office.

We hope that you will join us to make our services more meaningful for all. On behalf of the Board of Trustees and my family, best wishes for a happy and healthy new year.

l'shanah tovah tikateivu,



Rabbi Ari J. Goldstein



HIGH HOLY DAYS SERVICE SCHEDULE

***S'lichot* – Saturday, September 9**

Service at 9pm

***Rosh Hashanah* – Friday, September 15**

Evening service at 7:30pm

Oneg Rosh Hashanah following the service

***Rosh Hashanah* – Saturday, September 16**

Morning service at 10am

Junior Congregation at 10am

Congregation K-3 at 10am

Morning child care at 10am

Children's service at 2pm

Tashlich at 4pm at Stonington

***Community Kaddish* – Sunday, September 17**

Hillcrest Cemetery at noon

***Shabbat Shuvah* – Friday, September 22**

Service at 7:30pm

***Kol Nidrei* – Sunday, September 24**

Evening service at 7:30pm

***Yom Kippur* – Monday, September 25**

Morning service at 10am

Junior Congregation at 10am

Congregation K-3 at 10am

Morning child care at 10am

Healing service at 2:45pm

Afternoon service at 3:15pm

Yizkor memorial service at 4:15pm

N'ilah service at 5:15pm until approximately 6:15pm, followed by a light break-fast



All services held in the sanctuary will be live-streamed



HIGH HOLY DAYS PROGRAMS

In addition to evening and morning services in the sanctuary, Temple Beth Shalom offers these related programs. No advance registration is required, except as noted for child care. Information for the High Holy Days can also be found on the [temple website](#).

S'LICHOT

The High Holy Days season starts on Saturday, September 9, with *S'lichot*. The evening will include the movie "A Man Called Otto" at 6:30pm and a *S'lichot* service at 9pm, with our adult choir *Nashira* and Student Cantor Gabriel Snyder participating. Please join us anytime during the evening. (Traditionally the service is held at midnight the Saturday before *Rosh HaShanah*, but we'll be out well before then.)

JUNIOR CONGREGATION AND CONGREGATION K-3

Starting at 10am on *Rosh HaShanah* and *Yom Kippur*, concurrent with the services in the sanctuary, we will offer programs for children in kindergarten through grade 3, as well as Junior Congregation for students in grades 4 through 7. Any children not participating in these programs should be either in [child care](#) (reservations required) or at home. For safety reasons we cannot allow anyone to roam the building or play outside while services are held. The playground is not available for use without prior permission from the temple administrator and only by children under age 12.

KADDISH

Many Jews visit the graves of loved ones during the High Holy Days, and Temple Beth Shalom recently established a section at Hillcrest Cemetery. We will gather at noon on Sunday, September 17, to say *kaddish* for our relatives and to place stones on the graves of temple members who are buried there.

TASHLICH

Join us at 4pm on Saturday, September 16. *Tashlich* is a centuries-old custom of going to a place of natural flowing water on *Rosh HaShanah* and symbolically casting off our sins by tossing breadcrumbs into the water. *Tashlich* is a great way to teach children about *t'shuvah* (repentance) and forgiveness in a tangible way. This takes place at Stonington Beach. Directions will be available. Don't forget to BYOB (bring your own bread).

YOM KIPPUR AFTERNOON STUDY

Use this program opportunity to continue to observe this important day of reflection in a meaningful and productive way with members of the *Hineni* committee, between the morning and the healing services:

Part 1, 12:45pm: Lou Shapiro will begin the session with a brief gentle chair yoga to enhance physical and mental preparedness. Then, Jessica Switzman will lead a loving kindness meditation, where she explains how our breath affects our wellbeing, decreases anxiety, lowers our heart rate and blood pressure, and then will guide the group through a meditation which involves mentally sending goodwill, kindness, and warmth towards others by silently repeating a series of positive mantras or phrases.

Part 2, 1:45pm: Jill Simon will facilitate a discussion on learning how to be more positive with "The 7 Habits of Optimistic People."

GENERAL INFORMATION

Please keep in mind the information below to ensure that we all have a safe and happy High Holy Days experience.

PARKING AND ACCESSIBILITY

Attendants will help you park in our parking lot and on the grass lot beyond the paved section. Ample parking will be available for anyone with Maryland handicap tags or a hangtag. Drop-off is allowed at the walkway at the front of the building for those who have trouble walking distances. **Parking on or beside the driveway is prohibited.**

Hearing assistive devices are available upon request. A row of easily accessible seats will be reserved for people with mobility issues. The sanctuary has several spots that will accommodate a wheelchair.

ETIQUETTE

In order to make our High Holy Days services meaningful and pleasant for everyone, please remember these guidelines.

- Please silence your cell phone.
- Do not enter or exit the services while people are standing in prayer, while the ark is open, or during the rabbi's sermon.
- Out of respect for fellow worshippers, please refrain from conversation during services and in the entry ways. Appropriate places to visit with friends include the lobby, outdoors, and the parking lot.
- There is no smoking in or around the synagogue building.
- Bring your own *tallit* to services.
- No food or beverages (including water) are allowed in the sanctuary at any time. There is a water fountain near the bathrooms.

SAFETY AND HEALTH

We hope that you will attend in person, although services will be live-streamed. We comply with all federal and local health regulations. The decision to wear a mask or maintain some distance from others rests with each individual.

PRAYER BOOKS

We have a limited number of prayer books. Purchasing a prayer book is the only way to guarantee that you will have one of your own. See the prayer book form below or [online here](#).

DONATIONS

It is customary to make a contribution to the synagogue for the High Holy Days. You may earmark your donation for a specific part of our observance, such as the music. Please send a note with your contribution to indicate your dedication. You can make your donation securely in your ShulCloud [member account](#).

FOOD COLLECTION

Temple Beth Shalom collects food annually for My Brother's Pantry. Ushers will distribute shopping bags on *Rosh HaShanah*, and we encourage you to fill one (or more) with non-perishable food and return them on *Yom Kippur*. As we fast on *Yom Kippur*, let us help care for those for whom inadequate food is not a choice.

HIGH HOLY DAYS MUSIC



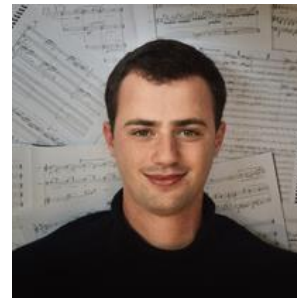
J. Ernest Green is the Artistic Director and Conductor of the Annapolis Chorale and Chamber Orchestra. He has an active career as a guest conductor and lives in Severna Park with his wife, Molly, and their children, Alec and Ella, and their black lab, Kensi. He has brought his wide knowledge of both sacred and secular music to enhance our High Holy Days services for the past 16 years, generously coaching and guiding our cantors, student cantors, choir members, and members of the Annapolis Chorale.



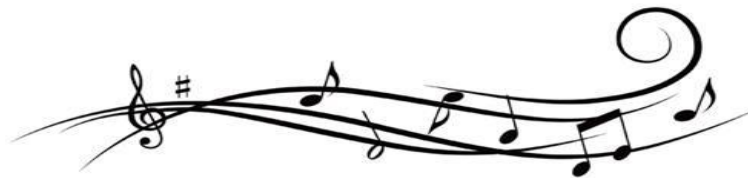
Lena Goldstein is thrilled to be joining her Temple Beth Shalom family, Rabbi Goldstein, and the Annapolis Chorale as our cantorial soloist for High Holy Days services. She graduated cum laude from Yale University, where she performed regularly with the Opera Theatre of Yale College, Yale Undergraduate Chamber Orchestra, Yale Baroque Opera Project, and Yale Glee Club. She is currently pursuing her Master's in Music Performance in Voice at the San Francisco Conservatory of Music.



Singer and pianist Laurie J. Hays directs the women's ensemble, Cantori, with Live Arts Maryland, is on the music staff at St. Anne's Episcopal Church in Annapolis, and is a collaborative pianist and accompanist. She lives in Severn, MD with her husband, Kevin, and two dogs. Over the years of her participation at Temple Beth Shalom, she has had many roles, including directing the singers outside the sanctuary building during Covid while the rabbi and cantor sang inside. This year, Laurie will serve as our pianist on *Rosh HaShanah*.



Benjamin Beckman is delighted to be joining us on *Yom Kippur* as our pianist. He is a versatile musician completing his final semester at Yale College in Fall 2024. As a student at Yale, Ben served as artistic director and conducted for both the Yale Undergraduate Chamber Orchestra and the Opera Theater of Yale College. An experienced collaborative pianist and vocal coach, Ben has recently worked for Chicago Summer Opera, Classic Lyric Arts France, and regularly accompanies choirs for the Yale Institute of Sacred Music in New Haven.



YIZKOR BOOK

An important part of our High Holy Days ritual and spirit is remembering those whom death has taken from us. We will distribute a *yizkor* (memorial) book at the *Yom Kippur yizkor* service. The book will contain the names of individuals whom our congregants and friends wish to remember, as well as the names that appear on our memorial plaques. The names of those who died during the past year will be read aloud at the *yizkor* service.

Our *yizkor* book serves as a personal and community symbol of enduring faith and remembrance. You can honor the memory of your loved ones in a meaningful way by listing their names in it. As shown in the example below, we will print only the names of the deceased so please do not include relationships or other personal messages.

It is customary to make a donation in honor of those memorialized in the *yizkor* book. Although the amount of such a contribution is entirely at your discretion, we suggest, as a guideline, \$36 (double *chai*) for each name printed. *Chai* means life in Hebrew. We appreciate your generosity.

Print the names of your loved ones as you would like them to appear in the book. Names and contributions must be received by **September 1**. You can also complete this form [online by clicking here](#) or through your [ShulCloud account](#).

donor name _____
in memory of _____

My donation for the *yizkor* book is \$ _____

I would like information about purchasing a *yahrzeit* plaque.

Sample *yizkor* book remembrances:

Herman Plavner
Irving & Evelyne Weingold
Joseph & Ruth Nassau
lovingly remembered by
Victor and Beth Plavner

Beatrice & Murray Keltz
lovingly remembered by
Evelyn Rubel

Send or deliver this form and your payment to Temple Beth Shalom at
1461 Baltimore-Annapolis Boulevard, Arnold, MD 21012.

- Check enclosed (payable to Temple Beth Shalom)
 Payment by credit card (There is a 3% processing fee for using a credit card.)

Cardholder name _____ Email address _____

Billing address _____
Street City State Zip

Card # _____ Expiration Date _____

3- or 4-digit security code _____

Signature _____ Phone # _____

HIGH HOLY DAYS PRAYER BOOKS



The Reform Movement's *machzor* is called *Mishkan HaNefesh*. The prayer books come in sets of 2, a slimmer gold book for *Rosh HaShanah* and a thicker silver book for *Yom Kippur*. They are laid out much like our *Shabbat siddur*, *Mishkan T'fillah*, with Hebrew and a translation on the right-hand page and related readings on the left-hand page. In addition, the books include transliterations of the Hebrew.

We encourage our members to purchase their own copy of *Mishkan HaNefesh*. The books can be personalized on the inside front cover.

The price of *Mishkan HaNefesh* is \$48 for the set of 2 books. The deadline for ordering the prayerbooks is September 1.

To purchase or dedicate a [prayer book online](#), [click here](#).

It is a long-standing tradition to dedicate prayer books in honor or memory of a loved one. The fee for dedicating a set of temple prayer books is \$18 per set. You can use this form and the one on the temple website to do both of these things.

For personal copies of prayer books, print the name for the book plates:

Name: _____ \$48

Name: _____ \$48

Name: _____ \$48

For dedicating temple copies of prayer books:

Your name: _____

In memory of: _____ \$18

In memory of: _____ \$18

In memory of: _____ \$18

In memory of: _____ \$18

In memory of: _____ \$18

In memory of: _____ \$18

Total: \$ _____

Send or deliver this form and your payment to Temple Beth Shalom at **1461 Baltimore-Annapolis Boulevard, Arnold, MD 21012.**

- Check enclosed (payable to Temple Beth Shalom)
- Payment by credit card (There is a 3% processing fee for using a credit card.)

Cardholder name _____ Email address _____

Billing address _____
Street City State Zip

Card # _____ Expiration Date _____

3- or 4-digit security code _____

Signature _____ Phone # _____

CHILD CARE REQUEST

Child care will be available for children of temple members from 6 months to pre-kindergarten on Saturday, September 16, during our morning *Rosh HaShanah* service and on Monday, September 25, during our morning *Yom Kippur* service. We can accommodate **only 10** children on each holiday and will take reservations in the order in which they are received. Advance registration is required so we can be properly staffed and can provide quality child care. Walk-ins will not be admitted. There is no fee for child care, but you must pre-register your child by returning the child care form. The deadlines shown on the form below are firm.

You can [register online by clicking here](#).

If you have any questions, please contact the temple office.

Parent's name _____

Parent's mobile phone # _____

For *Rosh HaShanah* (due by September 8)

Child's name: _____ age: _____

Child's name: _____ age: _____

Child's name: _____ age: _____

Child's name: _____ age: _____

For *Yom Kippur* (due by September 18)

Child's name: _____ age: _____

Child's name: _____ age: _____

Child's name: _____ age: _____

Child's name: _____ age: _____

The family room (adjacent to the sanctuary) is also available during High Holy Days services to parents with infants. Parents can hear and see the service from this room. Parents must remain with children in the family room at all times. The room is not sound-proof so please maintain proper decorum.

Please note you are responsible for maintaining appropriate distance from other people in the room.

Please list any food allergies here:

Send or deliver this form to Temple Beth Shalom at
1461 Baltimore-Annapolis Boulevard, Arnold, MD 21012

HIGH HOLY DAYS TICKETS

will be electronic this year

In the latest step in our migration toward digital communication with our members, we are using an electronic ticketing system called SimpleTix.



The maximum number of tickets your household will receive will be based on your family's information in ShulCloud. The heads of each household receive tickets, as do children ages 13 to 21. If you have a child over the age of 21 or need guest tickets, you will be able to purchase additional tickets.

Once the High Holy Days ticket registration is completed you will receive an email with a QR code with your household's High Holy Days tickets. Just like if you were to go to a movie or a concert, you must save this QR code on your phone, or you can print it if you like. When you come to High Holy Days services, you will show your QR code or the printed ticket.

Members can request tickets for adult children living at home or attending college and for out-of-town relatives. The price is \$75 for each person. It is preferable to [purchase tickets online](#).

At Temple Beth Shalom, financial circumstances are not a barrier to attending services. If an adjustment is needed, contact treasurer Charles Goldblum (charles.goldblum@gmail.com or 443-569-2274) or temple administrator Jill Sussman (410-757-0552).

Name of member: _____

Name: _____ \$75

Name: _____ \$75

Name: _____ \$75

Total: \$ _____

Non-members can [purchase tickets online](#) or by calling the temple office.

Send or deliver this form and your payment to Temple Beth Shalom at
1461 Baltimore-Annapolis Boulevard, Arnold, MD 21012.

Members can purchase extra tickets by [clicking here](#).

Non-members can purchase tickets by [clicking here](#).

Check enclosed (payable to Temple Beth Shalom)

Payment by credit card (There is a 3% processing fee for using a credit card.)

Cardholder name _____ Email address _____

Billing address _____
Street City State Zip

Card # _____ Expiration Date _____

3- or 4-digit security code _____

Signature _____ Phone _____



Temple Beth Shalom
1461 Baltimore-Annapolis Boulevard
Arnold, MD 21012